



2014 PARK & RECREATION MONTH

July is all about getting
OUTdoors and IN your
fantastic local parks!

OUT
IS IN

July is National Parks and Recreation Month and this year Highland Parks & Recreation wants you to spend more time OUTdoors and IN your parks.

Enjoy a picnic in the park, make a phone call to mom, hold a meeting or exercise class in the fresh air, step outside to brush your teeth or even sleep out in the open. Happy camping! Use your imagination – the possibilities are endless!

“July is a perfect time to get outside and experience the great outdoors and all that our parks have to offer,” Parks Superintendent Alex Brown said.

Residents are encouraged to join the national social media challenge on Twitter and Instagram by posting photos of themselves doing inside activities outside with the hashtag #JulyOUTisIN.

To learn more about getting OUTside and INVolved, visit www.highlandparks.org and www.nrpa.org/July.